When I read...
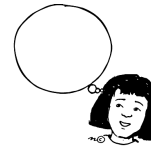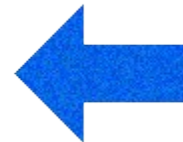
I can look at the picture.
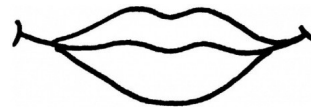
I can think about what makes sense.

I can read the sentence again.

I can get my mouth read for the first sound.

I can skip the word, read on, and come back.

I can look for chunks I know.

into

I can ask for help.